

Title : Green Lung: Support a Tobacco-Free Environment

Name : Mr. Koay Khang Sien

Institute : Universiti Sains Malaysia

Abstract:

Green Lung is a student voluntary group existed to create and support a tobacco-free environment in hope of denormalizing the habit of smoking and changing the perception of Malaysians towards smoking. A tobacco-free environment itself is too a supportive environment to help our beloved to quit smoking. This is why Green Lung was established to mobilize the citizens of USM and the community to take a baby step in involving themselves in working towards a tobacco-free environment for a sustainable tomorrow. The name of Green Lung carries the meaning: Non-smoker. Each of them is an individual walking green lung in the city contributing only fresh breath to the environment. The idea of Green Lung is to gather volunteers of same interest to bring our voices against tobacco to the surface and to work together towards our ultimate goal – a tobacco free environment. Green Lung's is existed to create and support a tobacco-free environment through campaigning for the full implementation of tobacco-free campuses especially in USM for the betterment of QOL in campuses. Besides, disseminating evidence-based tobacco related information to students and public and providing assistance to the existing smokers in smoking cessation programs is also one of our missions. We also share and extend the Green Lung's concepts to community outside USM, aiming to expand the capacity of tobacco control activities.